

*Lunch*

*Pudding*

*Afternoon Snack*

*Monday*  
 16/3/15

*Lentil Korma,  
 Steamed rice and  
 mini Nann Bread*

*Banana chunks  
 &  
 Yogurt Dip*

*Toasted Bagel with cream  
 cheese  
 Grapes*

*Tuesday*  
 17/3/15

*Tomato and basil  
 Quorn bolognaise with  
 Spiral pasta*

*Sugar Free Jelly  
 &  
 Raspberries*

*Crackers with cream cheese  
 Red pepper sticks  
 Dried Apricots & Apple  
 chunks*

*Wednesday*  
 18/3/15

*Quorn Sausages in  
 gravy  
 With Broccoli &  
 smashed potato,  
 carrots and Swede*

*Eve's Pudding  
 &  
 sugar Free custard*

*Pitta Bread strips with  
 Hummus and Carrot batons  
 With Melon chunks*

*Thursday*  
 19/3/15

*Macaroni cheese  
 with spinach*

*Rice Pudding  
 with  
 Jam*

*Cheese Cubes  
 Oat Cakes  
 Cherry Tomatoes  
 Apple Chunks*

*Friday*  
 20/3/15

*Chilli 5 bean wraps  
 with grated cheese*

*Angel Delight  
 (sugar Free)*

*Bread Sticks  
 Garlic dip  
 Cucumber sticks*